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KARNATAKA RADIOLOGY EDUCATION PROGRAM

Mediastinal SOLs

Dr . Sudeshna Sharma

MEDIASTINUM

- Situated between the lungs in the centre of the thorax
- It extends from the thoracic inlet above to the central tendon of the diaphragm below
- With the sternum anteriorly, the thoracic spine posteriorly and the parietal pleura laterally

CLASSIFICATION OF MEDIASTINUM

- ITMIG classification
- Felson's classification
- Anatomical classification

INTERNATIONAL THYMIC MALIGNANCY INTEREST GROUP CLASSIFICATION OF MEDIASTINUM

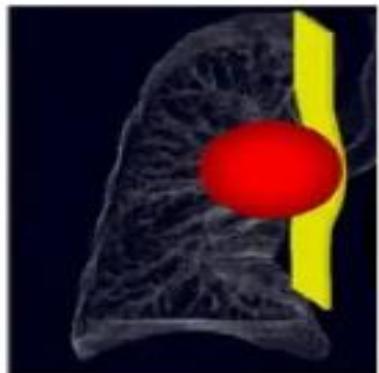
| Compartment | Boundaries |
|---------------|---|
| Prevascular | Superior: thoracic inlet Inferior: diaphragm Anterior: sternum Lateral: parietal mediastinal pleura Posterior: anterior aspect of the pericardium as it wraps around the heart in a curvilinear fashion |
| Visceral | Superior: thoracic inlet Inferior: diaphragm Anterior: posterior boundaries of the prevascular compartment Posterior: vertical line connecting a point on each thoracic vertebral body 1 cm posterior to its anterior margin |
| Paravertebral | Superior: thoracic inlet Inferior: diaphragm Anterior: posterior boundaries of the visceral compartment Posterolateral: vertical line against the posterior margin of the chest wall at the lateral margin of the transverse process of the thoracic spine |



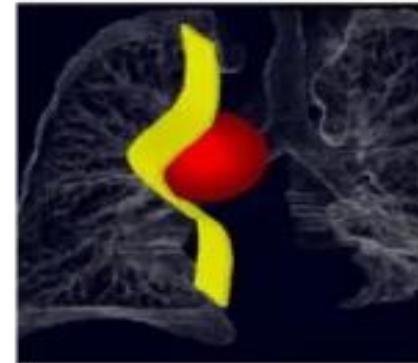
MEDIASTINAL LESIONS

| | Lesions | Fluid | Fat | Vascular |
|-------------------|--|---|---------------------------------------|---|
| Anterior | Thymic Lymphoma Germ Cell Golter | Thymic C Thymoma Pericardial C Germ Cell Lymphoma | Germ cell-b Thymolipoma Fat Pad | Thyroid Cardiac Coronary |
| Middle | Lymph nodes Duplication C Arch anomaly | Duplication C Necrotic nodes Pericard recess Retroperitoneal | Lipoma Esophageal FV polyp | Arch anomaly Azygous Vein Vascular nodes |
| Posterior | Neurogenic Bone and marrow | Neuroenteric C Schwannoma Meningocele | Extramedullary Hematopoiesis | Desc Aorta |
| >1 comp | Infection Hemorrhage Lung Cancer | Lymphangioma Mediastinitis | Liposarcoma | Hemangioma |

LUNG vs MEDIASTINAL MASS

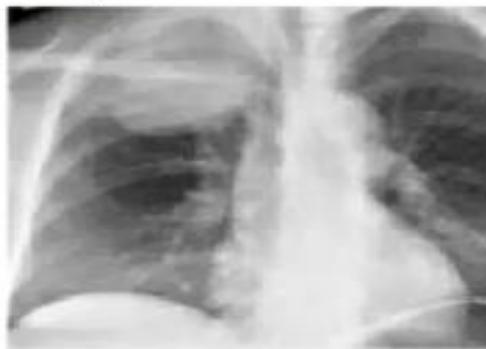


A lung mass abuts the mediastinal surface and creates acute angle with the lung

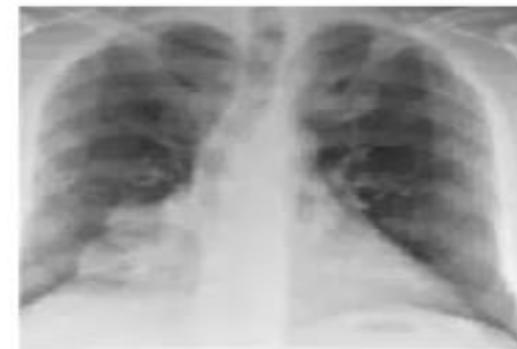


A mediastinal mass will sit under the surface of the mediastinum, creating obtuse angles with the lung

Example :



There is a lesion that has an acute angle border with the mediastinum (This must be lung mass)



There is a lesion with an obtuse angle to the mediastinum (This must be a mediastinal mass)

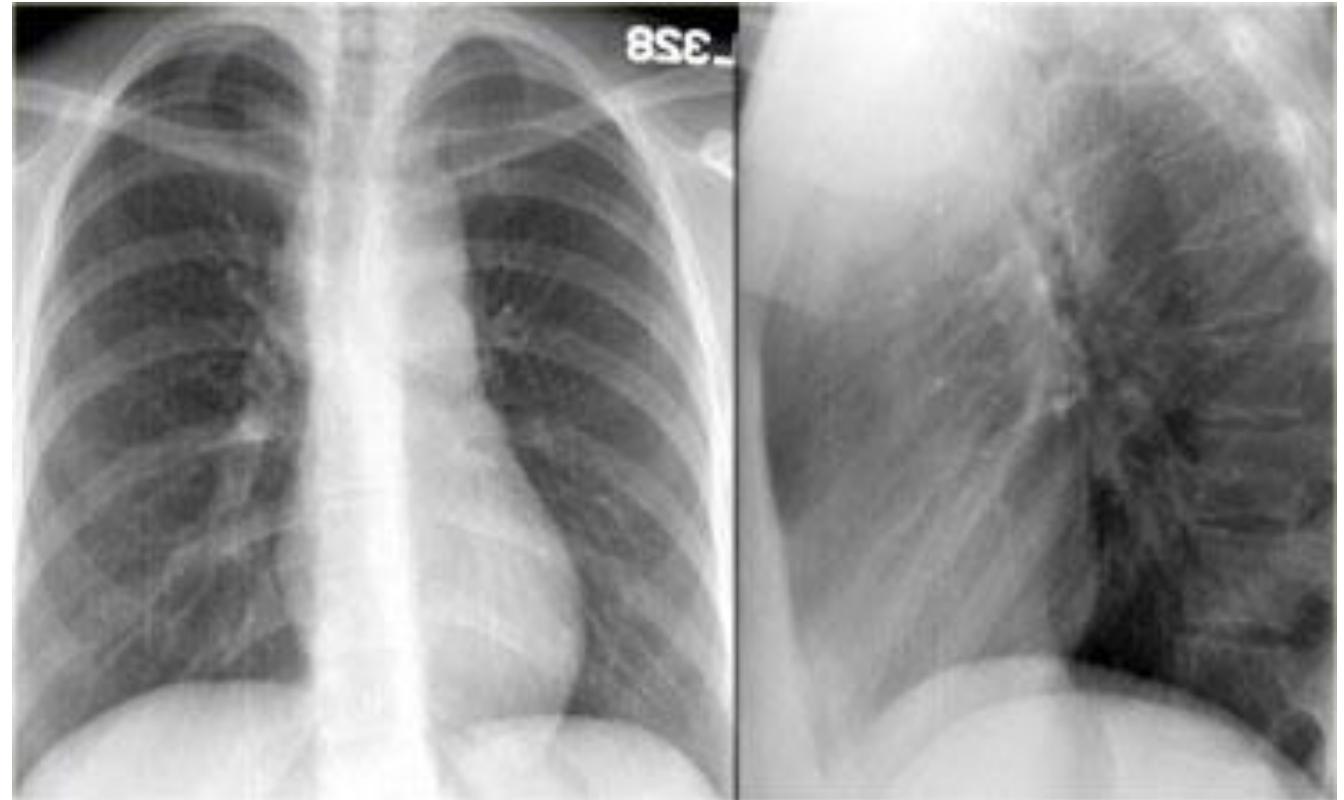
ANTERIOR MEDIASTINAL LEISONS

| Anterior mediastinal masses | |
|------------------------------------|--|
| Anterior | <p><i>On conventional radiographs look for:</i></p> <ul style="list-style-type: none">➢ Displaced anterior junction line➢ Obliterated cardiophrenic angles➢ Obliterated retrosternal clear space➢ Hilum Overlay sign➢ Effacement/dense ascending aorta |

ANTERIOR MEDIASTINAL MASS

On the PA film there is a lobulated widening of the superior mediastinum.

On the lateral chest film the retrosternal clear space is obliterated.



HILAR OVERLAY SIGN

When there is a mediastinal mass and the hilar vessels are seen through the mass, then the mass does not arise from the hilum. It lies either in anterior or posterior mediastinum.
This is known as the hilum overlay sign.

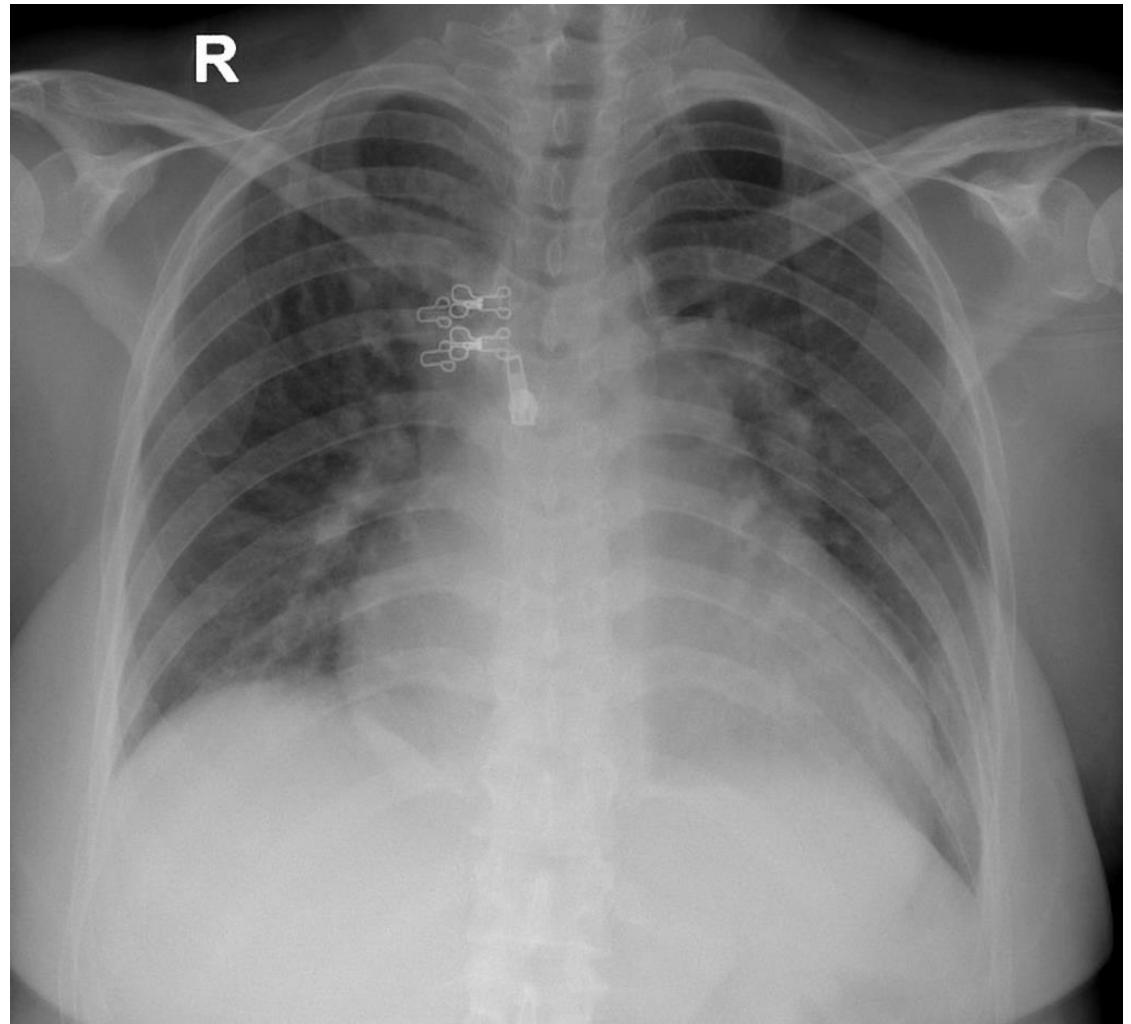


HILUM CONVERGENCE SIGN

To distinguish between enlarged pulmonary artery and mediastinal mass.

If branches of the pulmonary artery converges toward a central mass – enlarged pulmonary artery.

If branches of pulmonary artery converge towards the heart rather than the central mass- mediastinal tumor.



MIDDLE MEDIASTINAL LEISONS

Middle mediastinal masses

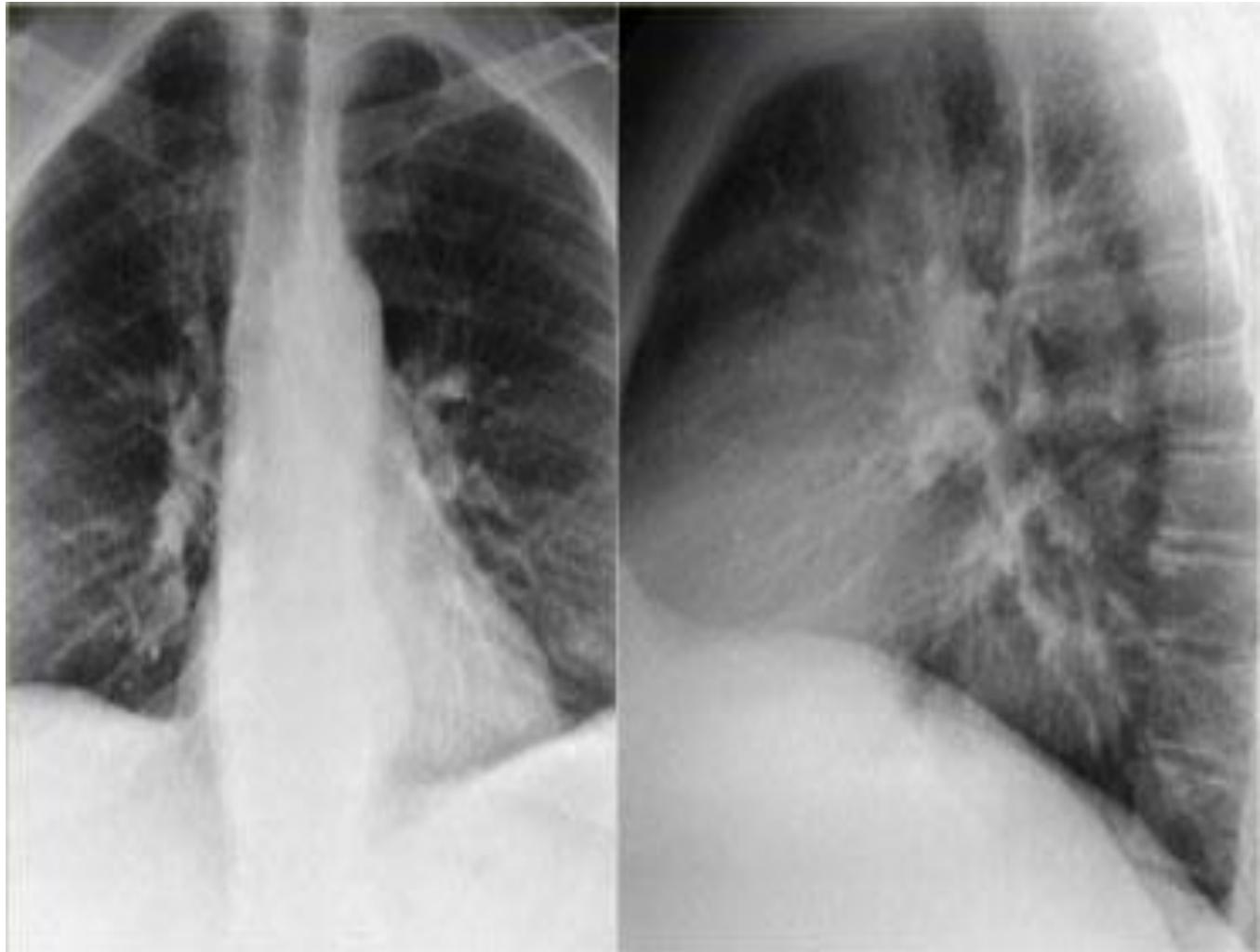
On conventional radiographs look for:

- Widened paratracheal stripes
- AP window mass
- Obliterated left SCA reflection
- Displaced azygoesophageal recess on the right
- Pseudoparavertebral line on the left
- Mass on posterior trachea
- Lateral 'doughnut'

MIDDLE MEDIASTINAL MASS

On the AP chest radiograph of this patient there is widening of the azygoesophageal recess on the right. There is an apparent widening of the paravertebral line on the left.

On the lateral film the mass is anterior to the spine and therefore is located in the middle mediastinal.



POSTERIOR MEDIASTINAL LESIONS

| | Lesions | Fluid | Fat | Vascular |
|------------------|----------------------------------|---|---------------------------------|-----------------|
| Posterior | Neurogenic Bone and marrow | Neuroenteric C Schwannoma Meningocele | Extramedullary Hematopoiesis | Desc Aorta |

Posterior mediastinal mass

- Conventional radiograph:
 - Cervicothoracic Sign
 - Widening of the paravertebral stripes

CERVICO THORACIC SIGN

- Used to describe the location of a lesion at the inlet of the thoracic cavity.
- In this anatomical space, the posterior portions of the lung apices are located more superiorly than the anterior portions .
- A lesion clearly visible above the clavicles on the frontal view must lie posteriorly and be entirely within the thorax.
- If the cranial border of the lesion is obscured at or below the level of the clavicles, it is located at the anterior mediastinum



MAGNIFIED IMAGE

CARCINOSARCOMA

- Carcinosarcomas highly malignant biphasic tumors with both carcinomatous (epithelial) and sarcomatous (bone, cartilage, or skeletal muscle) components.
- The sarcomatous component may have arisen from a pre-existing carcinoma through mesenchymal metaplasia.
- Location:
- Lung, esophagus, genitourinary tract, ovary, thyroid.
- Mediastinal carcinosarcomas are very rare.

Symptoms

- Cough, chest pain, difficulty in breathing and fever.
- However, when there is tumour invasion or compression to surrounding structures, there could also be other symptoms such as respiratory compromise, dysphagia, Horner's syndrome or superior vena cava syndrome.
- Gold standard for diagnosis is Biopsy.

IMAGING

1) CHEST RADIOGRAPH:

Mediastinal mass.

2) CT:

Evaluation of the anatomical location of the lesions, extent of the disease, tissue invasion and tissue density.

3) MRI:

Superior to CT scan to identify nerve plexus and blood vessels, to distinguish tissue planes and invasions.

Treatment and Prognosis

- Surgical resection of the is the mainstay treatment.
- Poor prognosis